

# Live Interactive Webinar

## Neuro-Dramatic-Play and Anxiety

**Presented by Dr Sue Jennings**

**Join live on the day, or access the recording at any time for 30 days.**

A practical presentation and workshop on attachment-based play as an intervention in child development and anxiety. Neuro-Dramatic-Play has been shown to be effective in re-creating attachment as well as reducing anxiety in all age groups. There will be a slide presentation and then a short practical workshop which will provide take-away skills for people to use in their practice.

Anxiety levels have increased in all age group with individuals and families in post Covid times. Much of the anxiety is caused by uncertainty and fear of loss, as well as economic hardship. In households where there is domestic violence there has been an increase.

Neuro-Dramatic-Play allows a safe externalisation through playfulness and non-verbal understanding of process.

**As well as slides, handouts and information will be provided for participants**

Whether you join on the day, or at a later time(s), you have **access to the full recording and materials/resources until the 8<sup>th</sup> December. This gives you the flexibility to join for all or part of the day or to watch the recording whenever fits with your commitments.**

*Dr Sue Jennings is a Play and Dramatherapist who has pioneered creative interventions in therapy for over 50 years. She has worked in many countries including Malaysia and Romania, and many of her books are translated into Greek, Korean, Czech, Turkish and Hebrew. She has developed unique methods for working online which enables the creative process to flourish. Her book: Routledge International Handbook of Play, Therapeutic Play and Play Therapy (Eds Dr Sue Jennings and Dr Clive Holmwood) was published in 2021*

This live interactive webinar is suitable for health professionals including clinical and counselling psychologists, doctors, counsellors, social workers, mental health nurses as well as those working in third sector, educational and coaching settings. It will contribute 2 hours of Continuous Professional Development (CPD)

**3<sup>rd</sup> November 2021, 4-6pm**

**Join live on the day and/or watch the recording at any time until 8<sup>th</sup> December - Price £30+VAT**

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