Conference Schedule

08.00   Registration

09.00   Welcome and Housekeeping

09.10   1st Keynote – Rachel Perkins

09.40   Move to rooms

09.50   Break-out Session 1 – See over page for details

10.50   Coffee

11.10   Break-out Session 2 – See over page for details

12.10   Lunch

13.10   2nd Keynote – Kevan Jones

13.40   Move to rooms

13.50   Break-out Session 3 – See over page for details

14.50   Tea

15.10   Break-out Session 4 – See over page for details

15.50   Move to rooms

16.00   3rd Keynote – Geoff Shepherd

16.30   Thank-you & goodbye

Schedule for Break-Out Sessions

	Service User Experience	Focus on Intervention	Service Delivery & Evaluation	Specialist Settings	Forensic Settings	Workshops
	Marconi Lecture Theatre	Room K101	Room K103	Room PG10	Room KG03	Room PG22
09:50	**Angela Warren** The case for Self-harm vs. Alternatives for affect regulation: One person's journey	**John Chilton** Preliminary Findings from a recovery-based psycho-educational group programme for adults with dual diagnosis	**James Barton/Becky Aldridge** Changing relationships: co-production and shared decision making within mental health services in Dorset	**Elise Leclerc** 16-25: Innovative approaches to supporting the mental health of young adults	**Jackie Preston** Shared decision making in a secure forensic mental health service for young people	**Geoff Shepherd/ Jed Boardman** Measuring Recovery Outcomes - are they value for money?
10:10	**Fran Walsh** Mental Health Service Users' Perceptions of Involvement and Recovery. A qualitative study.	**Louise McCusker** From hunting pathology to exploring recovery; changing stories in a Step 4 brief intervention service	**Helen Payne** The Embedment of the Medically Unexplained Symptoms Clinic (MUS) in Primary Care	**Claire Arthern** Personal recovery from mental health problems in young people; a professional perspective	**Jan Hutchinson** Supported Employment using individual placement and support for ex-prisoners with Mental Health problems	
10:30	**Karen Machin** Advancing Peer Support: Pathways to Progression	**Sally Branch** Coaching for Wellness in an Assertive Outreach Team: moving from hope to action plans	**Phil Morgan** "Walking the Walk": how NHS staff's own experience of trauma can shape recovery orientated culture	**Jenny Palmer** How outcomes based commissioning can improve value for people with mental health needs	**Jenny Barnes** The challenges and successes of a recovery group in forensic services	
11:10	**Donna Barrowman** Wellness Recovery Action Plan - let's unWRAP the potential	**Adam Pickles** De-centering professional power and expertise; contributions of narrative therapy to journeys to recovery	**Peter Wolfensberger** Recovery orientated mental health nursing; a pilot intervention study	**Mat Rawsthorne** Coping with Transition from CAMHS to AMH services - how peer support workers are helping young people bridge the gaps	**Celia Taylor** Recovery and Risk Management: can offenders lead the way?	**Mark Brown** New Media, new relationships, new challenges: making social media work for mental health
11:30	**Anna Redding** What is the lived experience of being discharged from a psychiatric inpatient stay?	**Tony Stewart** Can emotional freedom techniques (EFT) be effective in the treatment of emotional conditions?	**Toni King** Is it important to measure recovery?	**Mary John** Measuring recovery for young people with depression and anxiety; dual perspective tool for use across services	**Genevieve Smyth** Engagement in life: use of occupation-focused practice for adults in secure hospitals	
11:50	**Tanya Samuels** Working Together with Service Users as peer Assessors for Service Improvement	**Emma Cosham** ACT and BPD: A Qualitative Exploration of the Process of Acceptance	**Richard Evans-Lacey** A visual representation of the recovery model	**Sarah Williams** Early Digital Intervention for Eating Disorders: The DIME and EDDGE projects	**Phil Morgan/Andy Mercer** "No Force First": how do Ward Managers review aspiration to Zero Restraint?	
13:50	**David O'Loughlin** There & Back Again! How two people implemented & built on acquired skills learnt from 'The Living with Bipolar Disorder Course' to re-engage in life	**Katrina Lahmann** Comfort Zone: One Step Beyond: Dramatherapy as a drug and alcohol treatment and recovery intervention	**Inger Kari Nerheim** How do we lead a recovery based service? Transformation or incremental steps? A leader's workshop	**James Cook** A Holistic Multi-Disciplinary Group Approach to Supporting Flexible Eating in Young People with LD	**Kate Law** Making links: using recovery approaches to reintegrate the community and the secure environment	**Julie Repper/ Emma Watson** Developing Peer Support Workers
14:10	**Simon Whalley** Making sense of the stigma of psychological help-seeking; an interpretative phenomenological analysis	**Sam Dench** Evaluation of group-based ACT for family carers of people with Dementia	**Sarah Bateup** Successfully integrating live synchronous, internet based text, CBT into Step 3 IAPT services	**Hannah Kiddle** Developing dementia services for people with LD	**Ian Merrick** How a Patient and Staff Band in a High Secure Hospital illustrated Social Inclusion and Recovery	
14:30	**Andy Mercer** It's time to talk: three short films about personal recovery from mental health issues	**Georgina Taylor** Understanding Compassionate Care in Mental Health Care Workers	**Bridey Monger** The Individual Recovery Outcomes Counter (I.ROC): measuring personal recovery outcomes in mental health services.	**Jon Bryant** Converting a Legal Tenancy Agreement into a format people with LD can understand	**Peter Crascall** Making recovery a reality in secure settings - piloting the 'secure star'	
15:10	**Naomi Mwasambili** Social Innovation in Mental Health Care for Black, Asian and Minority Ethnic Communities	**Jenny Stickney** Working together group - the evidence behind the practice	**Phil Morgan** What was the experience of students and trainers in Recovery Education Centre Pilot Term?	**Kate Chapman** Using a psycho-social bio approach with young people experiencing psychosis		**Andy Bradley** Compassion
15:30	**Karen Newbigging** The Right to be heard; review of the quality of mental health advocacy in England	**Corrine Maskell** The 'Tree of Life' Recovery group in a CMHT in City and Hackney	**Sarah Wood** Partnership working as a way of creating an environment which supports people to re-engage in life			