

# My Top 5 Insights in Working with Substance Use Issues

By

## Professor Richard Hammersley

Substance use is a common issue for clients in mental health services, even when they do not have a diagnosis of substance use disorder, and may not consider their use to be problematic. The illegality of cannabis and many drugs can compound their problems. We asked international addictions expert Professor Hammersley to come up with his top 5 insights from decades of working in the field of substance use and addictions. Insights that you as a professional mental health worker can use to inform your own practice. Find out what they are during this webinar in which you can interact with the speaker and other delegates.

With mental health workers increasingly under pressure, we think it is important that CPD is affordable, accessible, and gets straight to the point. Experts in our 'Top Insights' series work specifically to this brief.

**Richard Hammersley** is Emeritus Professor of Health Psychology at the University of Hull and a Practitioner Health Psychologist highly specialised in substance use and addiction. He works with individual clients in private practice and also assesses parents involved in child protection cases. He continues to teach on the MSc Clinical Applications of Psychology at Hull, which prepares students for clinical psychology training and a wide variety of other roles in mental health.

Richard is also deputy editor of *Addiction Research and Theory* and *Journal of Addiction*, and has also served this role for the journal *Addiction*. He has co-authored four books on drugs and one on group communication skills in the workplace, as well as writing about 150 academic papers, which include in-depth studies of cocaine, cannabis, MDMA and heroin users. He has also provided research and consultancy services to the Scottish and UK governments, the NHS and the third sector, usually about substance use.

His seminal work on connections between drugs and crime bridges psychology, sociology, social work, criminology and social policy. He continues to critique the disease model of addiction and advocates a formulation-based approach to substance use problems.

This workshop is suitable for mental health professionals including clinical and counselling psychologists, counsellors, social workers, mental health nurses, coaches and CBT practitioners.  
**This workshop will contribute 1.5 hours Continuing Professional Development**

Thur 15<sup>th</sup> Sept 1030 - 1200  
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