

# Therapy with Violent Perpetrators

Presented by Dr Gwen Adshead

In this talk, Dr Adshead will discuss the psychological individual roots of violence and the implications for changing violent minds. She will discuss work with different kinds of violence perpetrator, both male and female; and in both group and individual work. She will discuss the implications for the therapist in terms of risk assessment and managing our own feelings in the work.

There will be time for questions and discussion.

**Dr Gwen Adshead** is Consultant Forensic psychiatrist and psychotherapist. She has worked as a therapist in secure settings for over 15 years, most recently at Broadmoor Hospital. Gwen is a group therapist and trained in mindfulness based cognitive therapy. She has run therapeutic groups for men and women with severe personality disorders who have committed offences against other people. She has also worked in two trauma clinics with refugees and survivors of acts of violence. Gwen holds a master's degree in medical law and ethics from Kings University London; and has a long standing interest in psychiatric ethics; especially in relation to psychotherapy and forensic psychiatry. She has published over 100 books, book chapters and papers; and is currently working on a textbook of psychotherapy for Oxford University Press.

This workshop is suitable for mental health professionals including clinical and counselling psychologists, counsellors, social workers, mental health nurses and CBT practitioners. It will contribute 1.5 hours Continuing Professional Development.

3<sup>rd</sup> Dec 2021 1030 – 1200  
Interactive Webinar on Zoom.  
A recording will be available  
for 30 days after the event for  
those unable to attend in person

£30 plus vat  
For more information or to reserve a  
place visit :- [www.grayrock.co.uk](http://www.grayrock.co.uk) or  
[www.stantonltd.co.uk](http://www.stantonltd.co.uk)

**grayrock**

A training workshop produced in  
partnership between **grayrock** and  
**STANTON psychological SERVICES**

**Stanton**  
psychological services