

# Group Supervision in the Helping Professions

## by Robin Shohet

**Robin Shohet developed an integrative process model with Peter Hawkins which is used internationally in a variety of helping professions.**

In this workshop Robin will present the use of parallel process in group supervision. He will start with an overview of Hawkins and Shohet's seven-eyed model as described in their book '**Supervision in the Helping Professions**'. In the second session Robin will focus on modes 5 and 6 which refer to parallel process. An understanding of parallel process can be seen as at the heart of supervision of any kind. It uses the reactions of the supervisor or the group in the here and now as a guide to what is happening to the client or the system being presented. In the third session the delegates will apply what has have learnt to a group setting. Finally Robin will look at practical application areas for the skills acquired.

**Robin Shohet** has been running supervision courses since 1979. He combines his work as a trainer with team coaching and culture change in organizations using Appreciative Inquiry. He has published widely on the topic of supervision including: 'Supervision in the Helping Professions', 'Passionate Supervision' and 'Supervision as Transformation'.

**This workshop is suitable for all health professionals including clinical and counselling psychologists, doctors, counsellors, social workers, general and mental health nurses and CBT practitioners.**

19<sup>th</sup> 2018, 9.30 am – 4.30 pm  
Radnor Hall,  
49 City Rd  
London  
EC1Y 1AU

Prices including lunch & refreshments  
Until 19<sup>th</sup> Dec 2017 - £120 + VAT  
From 20<sup>th</sup> Dec 2017 - £135 + VAT  
For more information or to reserve a place visit :- [www.stantonltd.co.uk](http://www.stantonltd.co.uk) or [www.grayrock.co.uk](http://www.grayrock.co.uk)

grayrock

A training workshop produced in partnership between **grayrock** and **STANTON psychological SERVICES**

**Stanton**  
psychological services