

# Assessment and Treatment of Suicidality : A Psychological Approach

This workshop overviews current psychological theory, research and clinical approaches to managing suicidality in particular the Collaborative Assessment and Management of Suicidality (CAMS). The "Assessment and Treatment of Suicidality" workshop is fully accredited by the British Psychological Society and the British Association for Counselling and Psychotherapy. This one-day workshop introduces the psychology of suicide, and then proceeds to overview, demonstrate, and allow practice of the CAMS model.

## By the end of the workshop, participants will:

- Be familiar with psychological theories of suicide and suicidal behaviour (i.e. Prof Thomas Joiner, Prof Edwin Schneidman, Prof Israel Orbach and Prof David Jobes)
- Be able to identify suicidal risk early in the clinical engagement and use the Suicide Status Form (SSF) to collaboratively assess suicidal risk
- Develop SSF – based suicide specific outpatient treatment plans that emphasize the development of a stabilization plan and the identification of suicidal 'drivers' as a focus of treatment
- Clinically track, assess and treat drivers with problem – focused interventions
- Be able to prepare a stabilisation or crisis response plan
- Handle and document a range of clinical outcomes using CAMS

**Dr. Eoin Galavan** has provided extensive training in the use of the CAMS model, is Clinical Lead on the North Dublin Assessment and Treatment of Suicide service providing treatment based on the CAMS model to dozens of suicidal patients. He is Senior Supervising Psychologist and Clinical Tutor on the D.Clin.Psych. training program in Trinity College Dublin. He is also a trained DBT therapist and team leader on the North Dublin 'Evolve' DBT program. He is also a Senior Clinical Psychologist in the HSE working in both community based and acute Adult Mental Health clinical environments. He is a CAMS-care consultant with CAMS Care Ltd, acting as the CAMS representative in Ireland, and is licensed to research the CAMS model. The North Dublin Suicide Assessment and Treatment service is providing data from its CAMS patients to a major international study being led by Professor David Jobes, CUA.



This workshop is suitable for mental health professionals including clinical and counselling psychologists, counsellors, social workers, mental health nurses and CBT practitioners.

**It will contribute 6 hours Continuing Professional Development.**

5<sup>th</sup> March 2018 09.30 – 16.00  
British Psychological Society  
Tabernacle St.  
London  
EC2A 4UE

Prices including lunch & refreshments  
Until 5<sup>th</sup> Feb 2018 £120 plus vat  
From 6<sup>th</sup> Feb 2018 £135 plus vat

For more information and to reserve a place visit :-  
[www.stantonltd.co.uk](http://www.stantonltd.co.uk) or [www.grayrock.co.uk](http://www.grayrock.co.uk)

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